

A2 1. ~~(Amended)~~ An interface plate (1) adapted to be secured to the upper face of a ski for accommodating a toe piece and a heel piece of a safety binding, wherein said interface plate comprises a longitudinal recess forming a slideway (9) capable of holding projecting parts (30) situated under the toe piece and under the heel piece, while allowing the toe piece and the heel piece to slide inside the slideway, for adjusting the binding to a length of a boot, and wherein profiles (10, 11, 12, 13) of zones of the slideway (9) respectively holding the toe piece and the heel piece are substantially geometrically identical.

A3 4. ~~(Amended)~~ Interface plate according to Claim 3, further comprising lateral portions directed downwards and intended to engage the ski.

5. ~~(Amended)~~ Interface plate according to Claim 1, wherein the slideway includes at least one region located in a zone (2, 3) accommodating the toe piece or the heel piece, said region forming a rack (28) with which means for longitudinally adjusting the toe piece or the heel piece interact.

A4 10. ~~(Amended)~~ Interface plate according to Claim 1, wherein the slideway is interrupted in a central area of the plate, so that the plate includes two slideways which have a same geometrical profile and are arranged in alignment with one another.

11. ~~(Amended)~~ Interface plate according to Claim 1, characterized in that it is formed by two individual plates (41, 42) respectively accommodating the toe piece and the heel piece, said individual plates (41, 42) being joined by a connecting portion (43).

A5 13. ~~(Amended)~~ Assembly comprising a toe piece, a heel piece and an interface plate according to claim 1 wherein said assembly comprises means for moving the toe piece and the heel piece simultaneously and in an opposite direction relative to each other when the binding is being adjusted to the length of the boot.

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15. (New) Assembly comprising a toe piece, a heel piece and an interface plate according to claim 2 wherein said assembly comprises means for moving the toe piece and the heel piece simultaneously and in an opposite direction relative to each other when the binding is being adjusted to the length of the boot.

16. (New) Assembly comprising a toe piece, a heel piece and an interface plate according to claim 3 wherein said assembly comprises means for moving the toe piece and the heel piece simultaneously and in an opposite direction relative to each other when the binding is being adjusted to the length of the boot.

17. (New) Assembly comprising a toe piece, a heel piece and an interface plate according to claim 4 wherein said assembly comprises means for moving the toe piece and the heel piece simultaneously and in an opposite direction relative to each other when the binding is being adjusted to the length of the boot.

18. (New) Assembly comprising a toe piece, a heel piece and an interface plate according to claim 5 wherein said assembly comprises means for moving the toe piece and the heel piece simultaneously and in an opposite direction relative to each other when the binding is being adjusted to the length of the boot.

19. (New) Assembly comprising a toe piece, a heel piece and an interface plate according to claim 6 wherein said assembly comprises means for moving the toe piece and the heel piece simultaneously and in an opposite direction relative to each other when the binding is being adjusted to the length of the boot.

20. (New) Assembly comprising a toe piece, a heel piece and an interface plate according to claim 7 wherein said assembly comprises means for moving the toe piece and the heel piece simultaneously and in an opposite direction relative to each other when the binding is being adjusted to the length of the boot.